



Resource & Referral Center

a publication of the Quality Child Care Initiative

Children Count

January/February 2009

New Location

Our offices are now located at 1600 North Coalter St., Suites 11 & 12B, in Staunton. Resource Center hours are 8:30—5:00 daily. The Quality Child Care Initiative operates on a limited schedule; please call ahead. Additional information can be found at www.FRCenter.org.

2-1-1 VIRGINIA Staff

Faith Miles, Information and Referral (I&R) Manager, has been with the Resource Center for more than 5 years. She has seen the referral service through many changes, including the transition from Valley Helpline to today's 2-1-1 VIRGINIA.

Crystal Harris has been with the program for almost 2 years as an I & R Specialist. Outside of work, Crystal stays busy with her two young children and lots of family activities.

Tammy Coleman joined 2-1-1 Virginia in November as an I&R Assistant. Tammy has worked for years as a substitute in local schools. She has twin teenage daughters. Welcome, Tammy!

Quality Child Care Initiative

(540) 245-5437

Family Resource & Referral Center

(540) 245-5899

1600 North Coalter Street, Suites 11 & 12B

Staunton, Virginia 24401

www.FRCenter.org



What is 2-1-1 Virginia?

The Family Resource Center is one of six regional call centers for the statewide information and referral service known as 2-1-1 VIRGINIA. 2-1-1 is an easy-to-remember phone number connecting people with free information on available community services. All calls and referrals are confidential.

When you dial 2-1-1, a trained professional listens to your situation and suggests information about local and statewide health and human services such as:

- Community Resources
- Consumer Services
- Counseling & Mental Health
- Education
- Employment
- Financial Assistance
- Food
- Health Services
- Household Items/Clothing
- Housing
- Individual & Family Support
- Legal Services
- Local Services
- Recreation
- Substance Abuse
- Transportation
- Volunteer Services

2-1-1 VIRGINIA is a service of the Virginia Department of Social Services provided in partnership with the Council of Community Services, the Family Resource and Referral Center, CrisisLink, The Planning Council, the United Way of Central Virginia, and the United Way of Greater Richmond & Petersburg. Visit www.211Virginia.org for additional information.

Literacy Training

1-2-3 READ! is a research-based, storybook curriculum designed to build emergent literacy in children birth to age three. The class will be offered in Harrisonburg on two Saturdays — March 21 and March 28. The cost is \$25.00 for this 12-hour-credit course. The brochure and registration form is available in .pdf format. To request, please email SarahFoster@ntelos.net and ask for the “1-2-3 Read” brochure.

QCCI Monthly Trainings

The Quality Child Care Initiative will continue the coordination of CPR/First Aid and Daily Health Observation courses. Pre-registration is required through our office —540.245.5437 or SarahFoster@ntelos.net. The cost is \$10.00 per course. See the enclosed flyer for the complete schedule or visit www.FRCenter.org.

CPR/First Aid

January 12	5:00 pm—10:00 pm Monday
January 17	8:00 am—1:00 pm Saturday
February 9	5:00 pm—10:00 pm Monday

**Location is the CSEMS Council Training Center at 2312 W. Beverley St. Staunton*

Daily Health Observation

Tuesday, January 13: 6:30—8:30 pm

**Location— Waynesboro Health Dept at 211 West 12th St.*

Tuesday, March 10: 6:30—8:30 pm

**Location -Staunton Health Dept at 1414 N. Augusta St.*

Early Childhood Leadership Summit

The Success by Six Coalition of The Shenandoah Valley works to ensure that all children ages birth to five years old are ready to enter school healthy and prepared to succeed. Join other early childhood professionals for this annual event.

Topics include the importance of young children “connecting” with families and caregivers, practical applications related to brain research, and ways to move our communities toward “connected” children.

For additional information, contact Pat Kennedy at 540-568-2557 or visit www.ValleySB6.org.

Wednesday, January 21

8:00 am to 1:00 pm

JMU Festival Conference & Student Center

Register online at www.ValleySB6.org

(click on “Summit Registration”)

Pre-registration by January 14th. Cost is \$12.50

Pinecone Bird Feeders

This is a wonderful wintertime activity that teaches children about birds and helping wildlife.

Find several large pinecones and tie strings to the top. Add bacon fat or some other type of fatty-lard to a cup of smooth peanut butter.

Spread mixture on the pinecone. Roll in sunflower seeds until coated.

Hang outside in a tree (away from hungry cats!) and watch the birds have their lunch!



Provider Profile

Barb Workman is the Director of the **Community Child Care Center** in Staunton. The center, a non-profit and United Way-affiliated agency, opened in 1971. Fees are sliding scale based on income/size of household and the center currently serves 57 children from the ages of 2-12. During the summer, the center offers a popular program for school-agers which fills up very quickly. The Community Child Care Center uses the Blueprint Curriculum in the Pre-K room and 1-2-3 Read with the toddler group.

Barb graduated from Kutztown University in Kutztown PA in 1997 with a degree in Elementary Education & Early Childhood Ed. She has worked at the Community Child Care Center for the past 8 years, first as the Toddler Teacher, then in Pre-K. She spent 4 years as an assistant director/curriculum coordinator before becoming director in May 2008. Barb lives in Craigsville with husband Andy and children Madison 8, Drew 6, and Ryan 18mos. She’s very busy, attending her children’s sporting events, Girl Scouts and her church. Thanks, Barb, for all you do!!